

## SKERRIES COMMUNITY CENTRE ADULT ACTIVITIES LIST 2024

MSPA Adult's Musical Theatre Dance Class	Mon/Wed	mspaagency@gmail.com	
Skerries Sea Sharps	Wednesday	8-10pm	
Tai Chi	Mon/Tue/Thurs	Deirdre	087 7837117
Maria Yoga Balance	Tue	Maria	085 1249948
SK Badminton Club (mixed)	Mon/Wed	Barbara	087 6751289
Maritime Badminton Club	Monday	Deirdre	086 4023052
Rockabill Badminton Club	Tuesday	Joan	085 1123707
Millhill Badminton Club	Tuesday	Gillian	086 8542781
Daycare	Tues – Fri	Liz	01 8490888
Active Retirement Club	Monday	Mary O'Dwyer	085 7867317
W.S.K.F Karate		Tom	087 4158705
MKG North Dublin Martial Arts	Mon/Tue/Thurs	James	087 7036570
Skerries Volleyball	Fri	carolholland@eircom.net	
Skerries Tennis Club		skerriestennis@gmail.com	
Skerries Tennis Coaching		Jim	086 2767365
Skerries Hockey Club	Mon/Wed/Fri	infoskerrieshockeyclub@gmail.com	
Skerries Harps		Secretarybng.skerriesharps.dublin@gaa.ie	
Skerries Town FC	Tue/Thur/Fri	secetary@skerriestownfc.ie	
Theatre Group		Adam	087 9658315
Beginners line dancing	Thursday	Patricia 0857307173	
Sylvivan Yoga	friday	www.sylvianyoga.com	
Feel good fitness over 60's	Tuesday	Vicki 0872805635	
Failte Isteach	Wednesday	0863668867	
Pure movement pilates	Thursday	Amanda 0868033148	
Sylvia'n'Yoga	Friday	www.sylvianyoga.com	

**YOU CAN ALSO GET ALL THESE DETAILS FROM OUR WEBSITE [WWW.SKERRIESCOMMUNITYCENTRE.IE](http://WWW.SKERRIESCOMMUNITYCENTRE.IE)**

**OR FRIEND US ON FACEBOOK OR CALL US ON 01 8490888**